

Bagwell Academy of Martial Arts

487 Bridgeport Ave Milford (203)874-KICK (5425) bagwellacademy.com



Karate Class Schedule

Home of the 2018 Hall of Fame Inductee Kyoshi Herbie Bagwell

Private Lessons Available By Appointment Only

Join the Bagwell Family & Learn

TAE KWON DO

KEMPO KARATE

MIXED MARTIAL ARTS

SELF DEFENSE TRAINING

(ages 4 years to adult)

Ask About Our Anti-Bullying Program

Class Schedule

Monday

5:00pm-6:00pm (Dragons)

6:00pm-7:00pm (Advance Weapons)

Wednesday

5:00pm-6:00pm (Dragons)

6:00pm-7:00pm (Advanced Weapons)

Friday

6:30pm-7:30pm (Black Belt Class)

Saturday

10:00am-11:00am (Dragons)

11:00am-12:00pm (Advanced Weapons)

12:00pm-1:30pm (Team Bagwell)

First Week is FREE

